



Parish of St Helier



COVID-19

**Constable Urges Everyone to
Stay at Home**

Friday 3rd April 2020

The Constable of St Helier and his team continue to work closely with the Government of Jersey on plans to support and protect members of the community from the COVID-19 pandemic.

The weekend is upon us and the sun is shining; under normal circumstances, many Islanders would be looking forward to enjoying a visit to St Helier over the weekend, to shop, and to enjoy the bars, restaurants and cafés. This weekend must be different. The Constable is urging Islanders to follow Government's advice and stay at home.

"I urge everyone to follow the Government's health advice, and particularly the requirement to stay at home this weekend. The advice is clear; we should only leave our homes for a total of two hours per day, and only to do one of the following:

- to shop, as infrequently as possible, for food and basic necessities;
- for daily exercise, during which we must practise social distancing, keeping at least 2 meters apart from others; and
- for any medical needs."

The Parish has been working with Government to ensure that the important 'stay at home' and 'social distancing' messages are clearly visible across the whole of town. Messages are in place on Parish rubbish bins, in shop windows, and on the electronic display board at Charing Cross.

"We need to remember that the Government's 'Stay at Home' message is an instruction, not a request. We can and should enjoy the opportunity to get outside for our daily exercise, but we must do this safely, maintaining social distancing. Staying at home is key to the Government's plan to 'flatten the curve', and we must all play our part - to protect our friends and family, and to save lives. Please stay at home this weekend."

For those looking to take their daily exercise in and around town, parks and gardens remain open across the Parish, for all to enjoy, whilst practising social distancing.

The Parish continues to work with Government and others, to prevent the spread of COVID-19 and to provide care and support for all those in the Parish.

For more information, please contact the Constable of St Helier, Simon Crowcroft, at constable@posh.gov.je or 07797 717933.